

# Evening Meals at School

*Celebrating local seasonal food, farms, and community*

Thursday, January 28<sup>th</sup>

Dinner is served from

5:30 to 7:00 PM

in the Lopez School Multipurpose Room



Be a part of this festive community gathering that supports local, seasonal, and sustainably grown food from local farms. Kim Bast and Jean Perry have created a wonderful winter harvest meal (with a wheat-free, dairy-free, and kid-friendly option). Come celebrate the approach of the Wolf Moon!

Take a break from cooking and cleaning for the night, and relax in the company of friends. It's easy, affordable, and fun! Volunteers and donors are most welcomed and appreciated! Many thanks to all participants!

Questions? Suggestions?  
info@lopezlocavores.org  
Jean at Vortex: 468.4740

## MENU



Posole with Lopez  
Painted Mountain  
Corn and Ireland  
Creek Annie Beans



Roasted Quinoa



Southwestern  
Cole Slaw



Squash Hazelnut  
Squares



Herbal Tea



## DONATIONS ONLY



## EVERYONE IS WELCOME!

"IF EVERY US CITIZEN ATE JUST ONE MEAL A WEEK COMPOSED OF LOCALLY AND ORGANICALLY RAISED MEATS AND PRODUCE, WE WOULD REDUCE OUR COUNTRY'S OIL CONSUMPTION BY OVER 1.1 MILLION BARRELS OF OIL EVERY WEEK."  
-BARBARA KINGSOLVER