



# May Evening Meals at School

## Thursday, May 29th ~ You're Invited!

Featuring Lopez Island Farm Education L.I.F.E. & Local Food!

*Celebrating local seasonal food, farms and community*



*Artwork donated by Diana Bower "Spring Fields Draining"*

Join us Thursday, May 29th, for the last of the Evening Meals at School until this fall, September 2008. Chefs Kim Bast & Jean Perry will once again create another fantastic meal for us! The month of May, also known "Planting Moon" or "Flower Moon," is a time to re-connect with the "web of life" and consider the systems in nature from which our food comes. This month's Evening Meals at

School is also a special Open House for the L.I.F.E. Garden on the campus, an opportunity for the community to view student work relating to the L.I.F.E. K-12 environmental studies program. A film and slide show featuring Lopez students will be shown; also student music, literature, and art; a senior project focusing on our nationally recognized school lunch will be on display. Visit the new campus orchard!

### Menu



Moroccan  
Chickpea Stew  
with Lopez Lamb or  
Vegetarian



Methow Valley  
Ancient Emmer  
Wheat



Lopez Baked Breads



Salad Lopez Greens



Dessert - Rhubarb  
Mazurka with Oat  
Crumble



Beverages  
Compliments of  
Choice Tea Company



### Cost

By donation, please  
pay at the door,  
according to your ability.

"EVENING MEALS AT SCHOOL" WAS INSPIRED BY THE L.I.F.E. FARM-TO-SCHOOL PROGRAM, WHICH IS DESIGNED TO TEACH SUSTAINABILITY, ECOLOGY & REAL LIFE SKILLS TO CHILDREN, USING PRACTICAL AND MEANINGFUL WAYS TO REDUCE OUR "ENVIRONMENTAL FOOTPRINT."