

Evening Meals at School

Celebrating local seasonal food, farms, and community

Thursday, October 29th

Dinner is served from

5:30 to 7:00 PM

in the Lopez School Multipurpose Room



Be a part of this festive community gathering that supports local, seasonal, and sustainably grown food from our island farms. Kim Bast and Jean Perry have created a wonderful fall harvest meal (with a wheat-free, dairy-free, and kid-friendly option). Come celebrate the approach of the Hunter's Moon!

Take a break from cooking and cleaning for the night, and relax in the company of friends. It's easy, affordable, and fun! Volunteers and donors are most welcomed and appreciated! Many thanks to all participants!

Questions? Suggestions?
info@lopezlocavores.org
Jean at Vortex: 468.4740

MENU



Shepherd's Pie
with or without Jones
Family Farms Beef



Lopez Green Salad



Grated Root Salad
with Apple Cider
Vinaigrette



Apple Spice Cake



Hot Herbal Tea



DONATIONS ONLY



EVERYONE IS WELCOME!

"IF EVERY US CITIZEN ATE JUST ONE MEAL A WEEK COMPOSED OF LOCALLY AND ORGANICALLY RAISED MEATS AND PRODUCE, WE WOULD REDUCE OUR COUNTRY'S OIL CONSUMPTION BY OVER 1.1 MILLION BARRELS OF OIL EVERY WEEK."
-BARBARA KINGSOLVER