

Evening Meals at School

Celebrating local seasonal food, farms, and community

Thursday, April 30th

Dinner is served from

5:30 to 7:00 p.m.

in the Lopez School Multipurpose Room



Be a part of this festive community gathering that supports local, seasonal, and sustainably grown food from our island farms. Kim Bast and Jean Perry have created a wonderful seasonal meal (with a wheat-free, dairy-free, and kid-friendly option). Come celebrate the approach of the Flower Moon!

Take a break from cooking and cleaning for the night and relax in the company of friends. It's easy, affordable, and fun! Volunteers and donors are most welcomed and appreciated! Many thanks to all participants!

Questions? Suggestions?
info@lopezlocavores.org
 Jean at Vortex: 468.4740

MENU



Nettle Clam Chowder
 or Vegetable Chowder



Carrot Herb
 Cornbread



Lopez Green Salad
 with Lemon Chive
 Vinaigrette



Lopez Apple Berry
 Mazurka Bars



Herbal Tea
 by Sarah



DONATIONS ONLY



EVERYONE IS WELCOME!

“IF EVERY US CITIZEN ATE JUST ONE MEAL A WEEK COMPOSED OF LOCALLY AND ORGANICALLY RAISED MEATS AND PRODUCE, WE WOULD REDUCE OUR COUNTRY’S OIL CONSUMPTION BY OVER 1.1 MILLION BARRELS OF OIL EVERY WEEK.”

-BARBARA KINGSOLVER